

NAVIGATING DIFFICULT LIFE TRANSITIONS

AN ORGANIZATIONAL CHECKLIST FOLLOWING THE DEATH OF A SPOUSE

The death of a spouse is a traumatic event that presents both emotional and practical challenges. It changes your finances, your future and how you feel about your future. While some financial decisions should be made sooner rather than later, by taking a few steps now, you can gain greater clarity and confidence about what lies ahead.

To navigate through this time of transition, and to ensure that your basic financial needs can continue to be met, work on completing the following tasks over the next 12 months.

Cet organized

Get organized	
Create six colored files labeled Banking, Bills, Ta and file these documents:	xes, Insurance, Statements, and Estate Documents, and then gather
☐ Marriage Certificate	☐ Bank and Brokerage Statements
☐ Death Certificate (10 copies)	☐ Retirement and Pension Statements
☐ Spouse's Social Security Number	☐ Credit Card Statements
□ Wills	☐ Loan Information
☐ Trusts	☐ Joint Tax Returns
☐ Veteran's Discharge Papers	☐ Employee Benefits Records
☐ Property Titles	☐ Business Partnership Agreements
Note: Retain all receipts related to the estate sett	lement, as they may deductible (e.g., funeral costs, etc.).
Insurance	
☐ Contact your spouse's former employer to ask	about COBRA health coverage.
☐ Cancel any health insurance or other premium	s for your spouse (e.g., Medicare or other).
$\hfill\square$ Locate the life insurance policy and notify the	insurers. Discuss payout options such as:
 Lump Sum Installment Discretiona 	ry Payment
Employer benefits	
☐ Contact your spouse's employer and inquire at sick pay, or deferred and equity compensation	pout unpaid salary, bonuses, stock options, accrued vacation, unused plans.
Banking/joint accounts	
☐ Begin retitling joint accounts. Consider keeping checks made payable to your spouse are rece	g a joint checking account open for at least one year in the event that ived.
Household budget	
☐ Update your household budget based on curre professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to model cash flow scenarios based on current professional to the current professional to	ent expenses and sources of income (e.g., work with your financial ed on your lifestyle needs).

Refirement and social security options	
$\hfill\square$ Evaluate Social Security options. Social Security pays a one-	time death benefit toward burial expenses. Depending on other
factors, e.g., age, disability status, dependent children, you m	ay also be eligible to receive survivor's benefits.
$\hfill\square$ Determine when and how to take any retirement plan distribution	tions due to your spouse or you, such as IRA, 401(k), and
pension election.	
Estate tax return	
$\hfill \Box$ File a federal estate-tax return, even if no tax is due, to prese	rve your spouse's unused exemption amount.
$\hfill \square$ If there's property you wish to disclaim, work with your attorn	ey to make the necessary elections.
Beneficiary updates	
Update your beneficiary designations and agents on the following	ng:
□ IRAs	☐ Life Insurance
□ Annuities	☐ Health Care Proxy
□ Trusts	□ Wills
☐ Power of Attorney	

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A CHECKLIST TO HELP PREPARE AND GUIDE YOU THROUGH DIVORCE

Divorce is one of life's most stressful events. It can take a toll on you emotionally and financially, requiring you to reevaluate, and often significantly change, your saving and spending habits. However, divorce can also be viewed as an opportunity to start fresh and provide you with a sense of financial empowerment.

As you develop a plan for your future, it's important that you avoid emotional decision-making and, instead, make smart choices that result in financial stability. The objective and expert advice of an attorney, financial professional or CPA can ease the transition to your future and also eliminate the uncertainty about what it will look like.

Equitable distribution

Equitable distribution does not mean "equal" division - it means assets are divided in a fair and reasonable manner.

Separate property

The property owned by one spouse which he/she acquired either before marriage, by inheritance, as a gift, or assets traceable to other separate property.

Marital property

Property acquired by either spouse during the course of a marriage.

Community property

All assets acquired during the marriage are essentially considered to be marital property and are divided 50-50, regardless of who actually bought the assets or paid for them.

Preparing for divorce

	☐ Connect your divorce team	(i.e., attorney, financial)	professional and CPA) so th	ey can work together on	your behalf.
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- ☐ Gather important documents.
 - Brokerage Statements
 - Bank Statements
 - Property Titles
- Insurance Policies
- Tax Returns
- Mortgage

- Retirement Plan Information, including 401(k) and IRAs
- ☐ Obtain a copy of your credit report and resolve any credit issues.
- ☐ Estimate living expenses and establish a realistic budget.

During the divorce process

☐ Stay in close contact with your divorce team.

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☐ Learn whether y	ou live in an "e	equitable distribu	ition" or "con	nmunity property" st

- tate and how that will affect the division of your home, retirement plans and other marital assets.
- ☐ Obtain a temporary order for spousal and child support, if necessary.
- ☐ Review your proposed settlement with your financial professional to evaluate its impact on your financial well-being.
- ☐ Explore the impact of critical choices, such as selling your home before or after the divorce.
- ☐ Ask your CPA if it would be beneficial to finalize the divorce next year, allowing you to file jointly one last time.
- ☐ Call your employer to find out about continued health care coverage.

□ Develop an updated household budget with the assistance□ Meet with an estate-planning attorney to revise your will and	
☐ Update beneficiary designations.	
☐ Transfer titles and property interests.	
☐ Obtain or modify health insurance coverage.	
$\hfill\square$ Obtain new property and casualty insurance for auto, home	, etc.
$\hfill \square$ Open an IRA rollover account to receive retirement assets.	
Your divorce team	
Enter the contact information for your divorce team here.	
Financial professional	Certified Public Accountant (CPA)
Attorney	Valuation specialist

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